REGION IV BEHAVORIAL HEALTH BOARD MINUTES

January 08, 2015 - 11:00 a.m. to 1:00 PM Region 4 Offices Westgate Campus, Room 131 1720 Westgate Drive, Boise, ID 83704

Presiding Officer: Christopher Saunders, Chair

Board Attendees: Jennifer Burlage, Jeremy Clark, Trini DeMarco, Greg Dickerson, Elizabeth Francis (by telephone), Winslow Gerrish, Steve Graci, Elt Hasbrouck, Kelly Jennings, Kim Keys, Amy Korb, Rhea Morrison, Shelley Retter, Christopher Saunders, Christy Sofaly (by telephone), Christina Smith, Vicki Wilkins, Jess Wojcik, and Laura Thomas (staff)

Members of the Public: Rosie Andueza (DHW), LaDessa Foster (BPA), Mary Jefferies (Optum), Vanessa Johnson (Access BHS),

Audrey Palmer (Optum), Nate Shelman (Meridian Medical Arts Academy), Gina Westcott (DHW)

Guest Presenters: Tony Poinelli, Idaho Association of Counties; Teri Carrigan, Idaho Conference for Alcohol and Drug

Dependency; Monika Mikkelsen, Optum Idaho

Board Excused Absences: Brandi Hissong, Sabrina Swope, Jim Tibbs, Ken Widick

Agenda	Presenter	Discussion	Action/Next Steps
Introductions	Chris Saunders	Meeting called to order; introductions were made for all in attendance.	Consent
Consent Agenda		Commissioner Hasbrouck made a motion to approve the consent agenda	agenda
approval		(approved the agenda and December minutes and accepted the treasurer and	approved
		Optum quarterly report); motion was seconded and passed unanimously. Laura	
		noted that Sabrina Swope, Ken Widick, and JimTibbs were absent due to	
		illness, and Brandi Hissong due to a graduate class schedule conflict.	
Presentation of	Laura Thomas	Laura presented an update on structure options for the new board. She included	Action: Chris
Organizational		a brief summary of the State Planning Council criteria for staying advisory	Saunders,
Structure Options -		versus pursuing "stood up" status thus, becoming a board able to take action	Jennifer
Update		and contract/provide services. Rosie Andueza provided new information that a	Burlage, Elt
		501c3 option may become viable and that information on that process was	Hasbrouck,
		being developed by DHW Central Office. She also shared new information that	Gina
		the Developmental Disabilities and Idaho Children's Trust Fund models were	Westcott, Kim
		no longer viable options (along with separate governmental entity as previously	Keyes and
		reported).	Greg
		After discussion, Amy Korb moved that the board establish a working group of	Dickerson
		board members to move forward in pursuing partnership with Central District	will meet with
		Health Department. Motion was seconded and passed; abstained, Vicki	CDHD to
		Wilkins. Board members Kim Keys, Greg Dickerson, Jennifer Burlage, and Elt	discuss
		Hasbrouck volunteered to serve; Gina Westcott accepted the board's invitation	partnership.

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		to serve on the committee (post meeting note, Rosie Andueza declined). Laura	
		will set up initial meetings with Russell (Russ) Duke of Central District Health	
		Department as soon as possible.	
Old Business –Draft#3	Chris Saunders	The Board reviewed the draft bylaws updated to include all board decisions	
bylaws review; code		made to date (see meeting documents). This third draft of the bylaws also	Laura will
of conduct draft, and		included: a) the draft code of conduct from the board committee and b) the draft	record
draft policy and		policy and procedure for board letters of support. After considerable discussion	decisions as
procedure – board		on the draft code of conduct, the following actions were taken:	appropriate in
letters of support.			draft bylaws,
		Amy Korb made a motion to accept the board member code of conduct	policies and
		developed by the board volunteer committee (Amy Korb, Greg Dickerson, Jess	procedures
		Wojcik and Steve Graci) provided that inclusion of the statement regarding	and draft new
		competitive opportunity for contracts and employment was incorporated into	items as
		the bylaws. Motion seconded and passed unanimously. Further discussion	needed for
		continued on the competitive opportunity statement which resulted in a motion	review at the
		by Amy Korb to table to the February board meeting the decision of whether to	next meeting.
		include this wording as part of the bylaws, as a separate policy and procedure,	110111 1110011113,
		or as a third option, use a partnering organization's policy on the topic. Motion	
		was seconded and passed; dissenting votes: Rhea Morrison and Elt Hasbrouck.	
		was seconded and passed, dissenting votes. After informson and the mastrodek.	
		The draft a letter of support request policy and procedure was reviewed and	
		discussed. Kim Keys made a motion to approve the draft policy and procedure	
		with three edits to procedures:	
		Add to #1 that groups "shall provide in writing a description of the project,	
		grant, or specific item <i>and a draft letter</i> for which support is requested,"	
		Change #3 to read "Scheduled time will be a brief period to provide overview	
		and answers board questions," and delete all information after "5 minutes	
		by the board," and,	
		Insert into #4, "Following the brief presentation," before the words "a motion	
		to support". The motion was seconded and passed unanimously.	
Children's Mental	Jennifer	Jennifer provided an update on the Jeff D. lawsuit and future of children's	
		mental health in Idaho. Agreements are in the final phases, and while details are	
Health Update/Jeff D.	Burlage		
		not yet public, those involved are optimistic that Idaho may have one of the best	
		systems in the nation once implemented. There are no directives for regional	
		boards with regard to Jeff D.; most likely we will see programs initiated	

		sometime in 2016.	
Statutory Committee Requirements	Chris Saunders	Statute requires that all regional behavioral health boards include a children's mental health committee. Discussion was held on the vision the board had for committees. The board directed the executive committee, responsible for appointing committee members per the bylaws, to establish a Youth Behavioral Health Committee that will consider both mental health and substance use disorder issues in the region for youth of all ages. A Children's Mental Health Subcommittee is part of this broader Youth Committee. Shelley Retter, Amy Korb and Steve Graci expressed interest in being on the Youth Committee.	
Guest Presentations	Teri Carrigan	Teri Carrigan presented an overview of the Idaho Conference on Alcohol and	Laura will
ICADD Scholarship Request		Drug Dependency (ICADD) and the history role of the Regional Advisory Committee for Substance Abuse (RAC) in providing scholarships in Region 4	prepare detailed
Request		for ICADD attendance. Laura noted that for the past 3 years, the RAC provided	ICADD
IAC update on		on average about \$3,500 of the \$4,000 annual RAC budget for registration only	scholarship
Millennium Fund		scholarships, primarily to, but not exclusive for ICADD. Jennifer noted that the	information
request for		budget balance is \$14,606.07 with no option to carry any funds over to the next	for the
Community Recovery		fiscal year. Laura suggested the board consider registration scholarships for	February
Centers		board members for education on substance use disorders; training is an	Board
Follow up on Optum		approved expense and ICADD is an opportunity for board members to learn more and network. DHW expenses need to be processed by the end of May and	meeting.
Questions (Oct Mtg)		must follow our guidelines for expenditures. After discussion, Jennifer Burlage	
Questions (Get Witg)		made a motion to move forward with a scholarship program similar to previous	
		years, for at least eight total scholarships, with preference for two per county in	
		the region, divided between prevention/coalition and treatment/recovery. Laura	
		will provide the board with more detail on a scholarship award process as well	
		as ICADD program contents for the February board meetings. The topic of	
		scholarships for interested board members will be an agenda item at the next	
		board meeting. Motion was seconded and approved; opposed: Vicki Wilkins.	
	Tony Poinelle	Tony Poinelli from the Idaho Association of Counties (IAC) provided a brief	
	-	update on the Millennium grant request for Community Recovery Centers	
		funding. He noted that the funds, if awarded, cannot be used for startup, so each	
		center needs to find on-going funding and resources for physical location and	
		equipment. The funding is primarily for two staff positions for one year - a	
		center director and volunteer coordinator – and is one-time funding. The exact	

		funding per center is not known; of the \$125,000 request a portion will be needed for administrative costs and other supports to grant administration. Every center needs to be up and running by July 1, 2015 to access the funds when available. The Board requested an update from the Ada County group working on the community recovery center. Jess Wojcik is part of that group and will facilitate board update.	
	Monika Mikkelsen	Monika Mikkelsen, Optum Idaho provided a brief overview of the Optum quarterly report, including region 4 specific data on ratios: nearly 57,000 Optum members live in region 4 and nearly 11,000 have accessed behavioral health services. The ratio of mental health clinicians in region 4 is 19.2 per 1000 members compared to 14 per 1000 for the state. Prescribers (medications) ratio is 3.5 per 1000 members in region 4 compared to state ratio of 2.2 per 1000 members. The ratio of providers in the Optum network that indicate they provide substance use services is 0.37 per 1000 members compared to 0.61 per 1000 members for the state. Monika mentioned that Optum changed their clinical process during the year, but the survey questions remained the same and now some questions are not meaningful. The survey will change after all four quarters are completed; they survey 25% each quarter and need to complete all four before introducing a new instrument. The board is still interested in answers to the questions sent in October and Amy Korb will follow up with Monika on the areas that have not yet been addressed.	
Announcements	Laura Thomas	Due to meeting extending past 1:00 p.m., announcements were limited to WRAP training available Jan. 9-10 and Suicide Risk Reduction training on either Feb 4 or 5 (Room 131, free of charge).	Send agenda items to Laura by January
Next Meeting Agenda		Laura asked members to send her any agenda items for the next meeting by January 27, 2015. The next meeting is February 12, 2015 – please note that the SUDS Providers will meet on Wednesday, February 11, 2015. Board meeting adjourned at 1:15 p.m.	27, 2015
Reminder:		Region 4 Behavioral Health Board	Board
Mission and Vision		Vision: An integrated health system accessible to everyone.	members
			please reserve
		Mission: We improve behavioral health by developing solutions with our	March 12,
<u> </u>		communities.	2015 from 11

		am to 5 pm
	The board agreed to re-visit this work and continue on values development after	for the regular
	the regularly scheduled March 12, 2015 board meeting.	board meeting
		and next
		working
		session on
		Mission,
		Vision and
		Values

Next meeting is February 12, 2015, 11:00 a.m. to 1:00 pm in Room 131 of Region 4 offices, 1720 Westgate Drive, Boise, ID 83704 The board working session on Mission, Vision and Values will follow the March 12, 2015 board meeting, from 1 to 5 pm.